



# ARP 2026 Annual Conference

May 29 - 31 • Hilton Orlando

All educational sessions take place in Lake Eola.

Questions? Contact [info@ringsidearp.org](mailto:info@ringsidearp.org)

## SCHEDULE AT A GLANCE

### THURSDAY, MAY 28

8:00 AM - 12:00 PM  
**Pre-Conference 1:  
Down Fighter Life Support**  
Lou Durkin/Ed Amores/  
Warren Wang/Big John

1:00 PM - 4:00 PM  
**Pre-Conference 2:  
Bare Knuckle Fighting**  
Don Muzzi

### FRIDAY, MAY 29

1:00 PM  
**Nasal Anti-CD3 for TBI**  
Saef Izzy

1:30 PM  
**Weigh-in Changes in Brazil**  
Martin Maccio

2:30 PM  
**Life After the Cage -  
Longevity Strategies for  
Fighters**  
Lucius Pomerantz

3:00 PM  
**Break**

3:15 PM  
**2nd Degree Heart Block**  
Niko Portillo

3:35 PM  
**Moyamoya Disease**  
Ivan Vegar

3:55 PM  
**Pectus Excavatum**  
Joshua Guardia

4:15 PM  
**G6PD Deficiency**  
Alex Skylar

4:45 PM  
**Break**

### FRIDAY, MAY 29

5:00 PM  
**Panel: Big John, Sergio  
Estrada, Danny Connor,  
Amelia Moore, Sean  
Wheelock, and Don Muzzi**  
Lou Durkin

5:45 PM  
**Adjourn**

6:00 PM - 9:00 PM  
**Fellowship Night**

### SATURDAY, MAY 30

7:30 AM  
**Continental Breakfast**

8:00 AM  
**New Concepts in Nutrition  
in Combat Sports**  
Reza Jazayeri

8:30 AM  
**The Eye, the Brain and  
Combat Sports**  
Mike Lenihan

9:00 AM  
**BKF Updates**  
Don Muzzi

9:30 AM  
**In Fight Bleeding - Position  
Statement Update**  
Davide Bianchi

10:00 AM  
**Break**

10:15 AM  
**Ringside Ultrasound**  
Eric Twohey

10:30 AM  
**Dental Injuries**  
Ryan Jin

### SATURDAY, MAY 30

10:45 AM  
**SLAP Fighting**  
Raj Lavadi

11:00 AM  
**Dehydration Concerns in  
Young Athletes**  
Martin Maccio

11:15 AM  
**Eye Pokes**  
Oase Sbei

11:30 AM  
**Break**

11:45 AM  
**Panel**  
Lou Durkin

12:45 PM  
**ARP Business Meeting**

1:45 PM  
**Adjourn**

6:00 PM  
**Cocktails**

6:45 PM  
**Banquet Dinner**  
Keynote Speaker:  
Big John McCarthy  
(*Ticketed Event in Lake Mizell  
Ballroom*)

### SUNDAY, MAY 31

8:00 AM  
**High Level Anti-Doping in  
Combat Sports**  
George Piro

8:30 AM  
**Concussion in the Female  
Athlete**  
Morgan Heinzelmann-  
Weisbaum

### SUNDAY, MAY 31

9:00 AM  
**2 vs 3 Minute Rounds**  
Amelia Moore

9:30 AM  
**Weight Cuts and Eating  
Disorders**  
Danny O'Connor

10:00 AM  
**Presentation by Polar Cap**  
Jamie Bache

10:15 AM  
**Break**

10:30 AM  
**The Future of Chess Combat**  
Matt Thomas

10:45 AM  
**Prebout Vomiting**  
Francisco Cerda

11:00 AM  
**Ventricular Nodular Lesion**  
Bach Tran

11:15 AM  
**Break**

11:30 AM  
**Panel**  
Lou Durkin

1:00 PM  
**Adjourn**

1:15 PM  
**Certification Exam  
Review Session**  
(*Lake Virginia Ballroom*)

2:00 PM - 4:15 PM  
**Certification Exam**  
(*Lake Virginia Ballroom*)