

241002 ARP Review Rounds: Knockouts

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English (Global)

Topics

1. Cut evaluation
2. Hematoma
3. Power slap
4. Choke hold
5. Fighter safety
6. Post-fight care

Overview

The Medical and Officiating Review Meeting held on October 2 focused on key issues surrounding fighter safety and officiating practices during knockout events. Notable topics included the evaluation of a significant cut resulting from an unintentional headbutt, where the decision to continue the fight highlighted the critical communication required between ringside physicians and referees. A large hematoma incident was assessed, emphasizing the importance of fighter safety and the need for careful judgment based on fight levels. Additionally, a discussion on a power slap incident brought attention to the visual impact of such occurrences and the necessity for eye protection for officials. The meeting also addressed protocol for recognizing unconsciousness in choke holds, the timing of stoppages, and proper post-fight care, ultimately agreeing to discontinue the practice of lifting fighters' legs after a choke-induced unconsciousness. Action items included enhancing communication among referees, avoiding potentially harmful practices, and encouraging the sharing of unique cases for future discussions.

Notes

 Cut Evaluation and Decision Making (00:00 - 13:59)

Discussion of a significant cut during a UFC fight

Damon evaluated the cut between rounds

Cut was from an unintentional headbutt

Decision to continue the fight based on cut placement and fighter's ability to continue

Importance of communication between ringside physician and referee emphasized

 Hematoma Assessment (13:59 - 27:36)

Discussion of a large hematoma on a fighter's head

Placement of hematoma not impeding vision

Consideration of fight level (regional vs. high-level) in decision making

Emphasis on optics and fighter safety in hematoma situations

 Power Slap Incident (27:37 - 35:35)

Review of a power slap fight where a hematoma exploded

Discussion on the gross factor and potential viral impact of such incidents

Importance of eye protection for officials emphasized

Choke Hold Analysis (35:36 - 42:48)

Detailed discussion on recognizing when a fighter is unconscious during a choke hold

Importance of referee training in grappling techniques

Communication with fighters about showing consciousness during chokes

Timing and Stoppage of Chokes (44:09 - 52:30)

Analysis of time from choke application to loss of consciousness

Discussion on referee decision-making process during chokes

Comparison of choke-induced unconsciousness to concussive blows

Post-Fight Care and Leg Lifting (52:54 - 01:03:00)

Critique of lifting fighters' legs after choke-induced unconsciousness

Discussion on proper post-fight care for unconscious fighters

Explanation of seizure-like activity following chokes or knockouts

Agreement among panel to avoid leg lifting practice

Action items

Mandy

Enable chat for all participants during the meeting (00:19)

All referees

Communicate clearly with fighters about showing consciousness during chokes (41:11)