

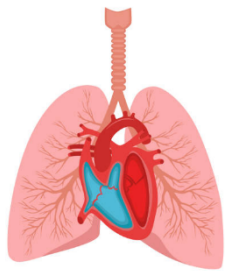
# Cannabis and Combat Sports



Cannabis-related products are often ingested in a variety of forms including marijuana and synthetic CBD. Even one use can cause a positive test for 4 weeks.



Short-term use ***impairs thinking, brain/muscle function, and reaction time*** which likely leads to reduced performance in combat sports.



Long-term use can increase risk of ***heart and lung disease, several cancers, and schizophrenia***. It can also ***reduce testosterone*** and ***impair fertility***.



Acute intoxication on fight night may lead to ***disqualification***.