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Association of Ringside Physicians Releases Consensus Statement on The Use of Headgear in Amateur Boxing

The Association of Ringside Physicians (ARP), an international, non-profit organization dedicated to the health and safety of the boxer and mixed martial arts athlete, has released a consensus statement on the use of headgear in amateur boxing as follows:

There are fewer head and facial injuries when using headgear in amateur boxing. Amateur boxing is a relatively safe sport and eliminating headgear will make amateur boxing less safe. The Association of Ringside Physicians supports the continued use of headgear in amateur boxing as well as efforts to improve the effectiveness of the headgear.

For more about the ARP, visit its website at www.associationofringsidephysicians.org.

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