

# The Ringside Physician's Medical Bag



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# Purpose of Equipment

- Performing pre & post bout physicals
- Intra-bout and post-bout assessments
- Post-bout wound and injury repair



# Pre -Bout Physical

- Vitals: stethoscope, BP cuff, temperature probe, pulse oximeter
- Penlight
- Exam Gloves
- Hand Sanitizer



# Intra-bout Assessment

- Gauze Pads
- Exam Gloves
- Penlight
- Tongue Depressor
- Footwear: wear soft sole shoes in order to avoid damage to canvas when entering ring



# Wound Repair

- Headlight for better illumination
- Sterile gloves
- Drapes
- Loops or reading glasses



# Laceration Repair

- Prep sticks (betadine/chloraprep)
- Needle driver, addison's forceps, scissors
- Gauze, Swabs, Suture material
- Syringe and needles, Local anesthetic with and without epinephrine
- Derma-bond or other skin glue



# Airway Emergency

- Oral Airway
- Mask
- LMA or King Tube



- 14 gauge an



14 gauge angio-catheter

# Hemostatic Products

- Avitene
- Fibrillar
- Epinephrine/Phenylephrine
- Pressure Dressings



*Some of these products are expensive but expired items can be donated by hospital*

# General

- Band Aids
- Tape
- Tylenol
- Prescription Pad
- Dental Rolls/Nasal Tampon (Epistaxis Rx)
- Antibiotic Ointment
- Professional Business Cards
- Identification Badge



# Suggested List

## List

- Stethoscope
- BP Cuff
- Penlight
- Pulse Oximeter
- Commission Forms
- Prescription Pads
- Pen
- Business Cards
- Identification Badge
- Tongue Depressors
- Exam Gloves
- Hand Sanitizer
- Headlight
- Sterile Gloves
- Drapes
- Loupes/Reading Glasses
- Ophthalmoscope & Otoscope

# Suggested List

- Needle driver, addison's forceps, scissors
- Laceration Repair Kit
- Local Anesthetics
- Betadine/Chloraprep
- Gauze, Swabs, Suture
- Syringe and needles
- Derma-bond
- Band Aids
- Tape
- Dental Rolls/Nasal Tampon (Epistaxis Rx)
- Tylenol
- Finger Splints
- Hemostatic Agents
- Extra Batteries
- Cell Phone (emergency numbers in contacts)
- Butter fly bandages
- Reflex Hammer

# Suggested List

- Eye bandages
- Eye shields
- Steri-strips/butterfly bandages
- Oral Airways
- Ventilation Mask
- LMA/King Tube
- 14 Gauge Angio-catheter
- Medical waste bag
- Extra wrench for oxygen tank
- Bandage Scissors
- Antibiotic Ointment
- Eye Chart
- Hydrogen Peroxide
- Otoscope & Ophthalmoscope