



# CUTMAN 101

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MOHEGAN SUN CASINO

# MY BACKGROUND

- DOCTORATE IN PHYSICAL THERAPY
- CERTIFIED ATHLETIC TRAINER
- BOARD CERTIFIED SPORTS CLINICAL SPECIALIST
- CUTMAN SINCE 2009
- AVERAGED OVER 30 SHOWS/YEAR WITH OVER 50 PROMOTIONS
- NFL, MULTIPLE UNIVERSITIES
- CURRENTLY WITH LFA, VICTORY, AND OTHER PROMOTIONS

# WHO IS A CUTMAN?

- A TALE OF TWO STANDARDS
- HISTORICALLY
  - BOXING COACH
  - BEST OPTION AVAILABLE
  - TRIAL AND ERROR
  - BLIND LEADING THE BLIND (OR NOT)



# ATHLETIC TRAINER ORIGINS

- CHOSEN BASED ON PLUMBING SKILLS
- SPORTS MEDICINE KNOWLEDGE NOT A STANDARD
- RUDIMENTARY EXPECTATIONS





# WHAT IS A CUTMAN?

- HAND TAPING
- CAGESIDE FIGHTER PREP (VASELINE)
- MANAGES FIGHT DAMAGE (CUTS, SWELLING)



# POTENTIAL CUTMAN

- HAND TAPING
- CAGESIDE FIGHTER PREP (VASELINE)
- MANAGES FIGHT DAMAGE (CUTS, SWELLING)
- FIGHTER EVALUATION AND PREPARATION
- INJURY EVALUATION AND TREATMENT
- EMERGENCY MANAGEMENT
- LOGISTICS MANAGEMENT ASSISTANCE (CAGESIDE, BACKSTAGE, EMERGENCY PLAN)

**VIDEO**

# HOW ARE WE EVALUATED?

- WE AREN'T!
- REFEREES
- OBJECTIVE GRADING
  - TRAINING (ATC, MD> MEDIC (DEPENDING ON BACKGROUND)> EMERGENCY NURSE> PARAMEDIC> EMT
  - EXPERIENCE
  - PRESENTATION
  - TOOLS
  - TECHNIQUE
- OBJECTIVE SCORING
  - EACH EVENT EMPIRICALLY RATED
  - TIER SYSTEM TO CHOOSE FROM OR ASSIGN