

**The Association of Ringside Physicians
2017 Annual Medical Seminar**

Ringside Medicine

Office of Continuing Medical Education
Wake Forest School of Medicine
Medical Center Boulevard
Winston-Salem, NC 27157-1060

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Register online today at
northweststahc.org/51013

**Seminar: July 22 – 23, 2017
Certification Exam: July 24, 2017**

**Mohegan Sun Resort
Uncasville, CT**

Jointly Provided by:

*This activity is jointly provided by Wake Forest School of
Medicine and the Association of Ringside Physicians
(in cooperation with the American College Sports Medicine).*

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PLEASE POST

2017 Association of Ringside
Physicians Conference
Ringside Medicine



Seminar: July 22–23, 2017
Certification Exam: July 24, 2017

Mohegan Sun Resort
One Mohegan Sun Blvd.
Uncasville, CT



Don't Wait!
Certification Exam available at this event

2017 Association of Ringside Physicians Conference

Seminar: July 22–23, 2017

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Mohegan Sun Resort / Uncasville, CT

Target Audience

Physicians, fellows, residents, students, physician assistants, and nurses in both academic and private practice who are involved in the newly evolving sports medicine subspecialty of Ringside Medicine. Others who may benefit include: athletic trainers, athletes, referees and state commissioners.

Objectives

At the conclusion of this activity, participants should be better able to:

- Describe the basic management and recognition of a concussion in an athlete.
- Describe and appreciate common joint holds in MMA and the injuries associated with these holds.
- Describe what constitutes a Performance Enhancing Drug (PED). Know which drugs are prohibited and or describe how to readily obtain information on the drug in question. Recognize which laboratory tests best screen for PED.
- Describe how to access “Box Rec” and “Fight Fax” and utilize these resources to prepare for serving as a ringside physician.
- Describe pulmonary pre-participation screening of athletes involved in combat sports.
- Describe a Medical Emergency Plan of Action for a combative sports event.
- Interact with commission officials and participate in approving rule changes and establishing medical guidelines designed to best protect combatants.
- Describe how best to interact with the referee in order to prevent acute and chronic injuries to athletes.
- Describe common maxillofacial injuries and list the medical indications to stop a fight because of laceration.
- Describe the standard pre and post-bout physical that should be performed on combatants.
- Describe the protocol for evaluating and treating a downed fighter.
- List the equipment a ringside physician should have at ringside.
- Acquire a knowledge base that would aid participants in preparation for the certification exam.
- List the necessary pre-bout lab tests for blood borne diseases and know how to interpret these tests.
- Describe the differences in aerobic and anaerobic training in combative sports.
- Describe the physiology of dehydration and be able to counsel athletes how to best re-hydrate in the immediate pre-bout period.
- Describe recent and ongoing research effort in combative sports.

Credit

The Wake Forest School of Medicine designates this live activity for a maximum of 14.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Wake Forest School of Medicine and the Association of Ringside Physicians. The Wake Forest School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



NC Area Health Education Center is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 14.25 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. BOC Approved Provider Number: P3549.

- 14.25 Contact Hours from Northwest AHEC
- 1.425 CEUs from Wake Forest School of Medicine

Registration

Please note: In an effort to streamline our registration process, The Association of Ringside Physicians has partnered with Wake Forest School of Medicine. You will be registering through their website. If you have any questions about registration, please contact Gail Pawlik at 336-713-7761 or email gpawlik@wakehealth.edu.

Registration fee includes instructional and administrative costs, continental breakfasts and lunches.

Register and pay online at www.northwestahec.org or complete and return the attached registration form by mail or fax. Payment by credit card (Visa, MasterCard, American Express), cash, money order, personal check or corporate check is accepted.

Payment Policy— Payment is required on or before entrance into this activity. If a corporate payment has not been received prior to the activity start date, you will be required to provide a personal credit card or check. If the corporate payment has not been received two weeks post activity, your personal credit card or check will be charged or cashed. To avoid personal payment, you should check with the financial staff at your organization to determine status of payment.

Refund Policy— Cancellations received in our office at least two days prior to the activity will result in a charge of \$50, or 30 percent of the paid registration fee, whichever is less. The registration fee will not be refunded if a cancellation is received less than two days before the activity. You may send a substitute in your place.

Note— If you have not received confirmation of your registration 24-hours before the program date, please call contact Gail Pawlik at 336-713-7761 or email gpawlik@wakehealth.edu. to verify the status of your registration.

Location

Mohegan Sun Resort
1 Mohegan Sun Blvd., Uncasville, CT 06382

Seminar: July 22-23, 2017

Conference Registration: 7:30 am

Certification Exam: July 24, 2017

Book your room now!

Hotel reservation deadline: June 29, 2017



For information on overnight pricing and to register for your hotel accommodations, cut and paste the weblink: <https://resweb.passkey.com/go/ARP17> into your web browser at the top of your internet screen.

The link will take you to the Mohegan Sun Resort reservations website specifically set up for the Ringside Medicine Conference.

Choose the date you would like to check in, and how many nights you will be staying, then click the "search availability" button. You will be directed to group room rates and availabilities.

Click "book this room." It will then ask you for your credit card information and give you a confirmation code. **Please keep this code as you will need it upon check in.**

Handouts

Handouts will not be printed for this activity. Handouts will be available online at the web address below on Monday, July 10, 2017, after 4 pm. Login under "My CE Profile" and click on the event title. You may access handouts for up to two weeks following the conclusion of this activity.

► www.northwestahec.org

For More Information and Assistance

If you have questions about registering for this activity or need auxiliary aids or special services to attend, please contact Gail Pawlik at least five working days prior to the activity by calling 336-713-7761 or email gpawlik@wakehealth.edu

Conflict of Interest Policy

It is the policy of Wake Forest School of Medicine to require disclosure of any significant financial interest or any other relationship a faculty member or planning committee member or sponsor has with the manufacturer(s) of any commercial products or services discussed in an educational presentation. This information will be shared with all participants at the conference.

Program provided in cooperation with:



**AMERICAN COLLEGE
of SPORTS MEDICINE®**
LEADING THE WAY

Agenda

Friday, July 21, 2017

6:30 pm **Fellowship Night** (until 10:30 pm)

Saturday, July 22, 2017

8 am **Welcome and Opening Remarks**

Ray Monsell, MBBS, Chairman of the Board Association of Ringside Physicians
Larry Lovelace, DO, President Association of Ringside Physicians
Mike Mazulli, President of the Association of Boxing Commissions
Don Muzzi, MD, Conference Logistics

Moderator Session 1: Larry Lovelace, DO

8:15 am **Concussion Recognition and Management, "The Basics"** / Nitin Sethi, MD

8:55 am **Seizures in Combative Sports** / John Stiller, MD

9:35 am **Holds and Their Medical Consequences** / Hillary Williams MD,
Charles Everly, MD and Rick Weinstein, MD, MBA

10:20 am **Break**

Moderator Session 2: Ray Monsel, MBBS

10:30 am **Performance Enhancing Drugs and Drug Testing..... What's new at WADA**
Margaret Goodman, MD

11:10 am **M & M**

Don Muzzi, MD and Ray Monsell, MBBS

Noon **Lunch**

Moderator Session 3: Dom Coletta, MD

1 pm **Orthopaedics for the Ringside Physician** / Rick Weinstein, MD, MBA

1:40 pm **Dehydration in Combatants** / Michael Schwartz, MD

2:20 pm **Training in Combative Sports** / John Neidecker, DO

3 pm **Break**

Moderator Session 4: Rick Weinstein, MD, MBA

3:15 pm **Pulmonary Issues in Combative Sports** / Mark Mirabelli, MD

3:15 pm **Ringside Medicine the Basics & Questions to Experienced Ringside from
Beginners** / Larry Lovelace, DO, Don Muzzi, MD and Gene Stringer, MD

- The Pre- and Post-bout Fight
- Evaluation of the Down Fighter
- The Ringside Physician's Medical Bag

7 pm **Banquet**

To join ARP or to renew your membership,
Click on www.RingsideARP.org



Sunday, July 23, 2017

Moderator Session 5: John Neidecker, DO

- 8 am **Referee Physician Interaction** / Don Muzzi MD and Mark Nelson
- 8:30 am **Referee Training in Boxing and MMA**/ Jack Reiss and John McCarthy
- 9:30 am **What Every Ringside Physician Should Know About Box Rec & Fight Fax**
Andy Foster
- 10:10 am **Break**

Moderator Session 6: Ray Monsell, MD

- 10:25 am **Medical Emergency Action Plan** / Angela Gagliardi, MD
- 11:05 am **The Show Must Go On** / Dom Coletta, MD
- Noon **Lunch**

Moderator Session 7: Don Muzzi, MD

- 1 pm **Executive Directors & Commissioners Panel Discussion** / Kim Sumbler, Matt Roberson, Greg Serb, Eric Bentley, Bruce Spizler, Casey Sears
- 1:40 pm **Maxillofacial Injuries, Lacerations, When do I Stop a Fight? Repair of Lacerations, What does a Cut-man Do?**
Stephen Gelfman MD, DDS
David Maldonado DPT, ATC, SCS, CSCS, Licensed MMA Outman
- 2:40 pm **Blood-borne Pathogens Infectious Disease for the Ringside Physician**
Nick Rizzo, MD
- 3:20 pm **Break**

Moderator Session 8: John Neidecker, DO

- 3:35 pm **Research In Combative Sports** / Johnathan Gelber MD
- 4:20 pm **Review Course Lecture & General Questions Regarding Ringside Medicine**
Larry Lovelace, DO, Don Muzzi, MD, Rick Weinstein, MD, MBA,
John Neidecker, DO, Ray Monsell, MBBS and Gene Stringer MD

Monday, July 24, 2017

- 8–11 am **Certification Exam** / John Neidecker, DO, Don Muzzi, MD and Larry Lovelace, DO

Criteria necessary in order to sit for the exam:

- MD or D.O. degree or a foreign medical degree equivalent.
- Must have provided ringside event coverage for a minimum of three professional cards with at minimum fifteen total fights or five amateur cards with a minimum of 30 total fights.
- Must be licensed and be in good standing with the licensing body authority, (i.e. State, Country) in which he/she is a ringside physician in for a minimum of two years. This includes being up to date on required CME by his/her licensing body authority.
- Must provide two forms of recommendation from the following sources: State/Country athletic board commissioner, local boxing committee, or another ringside physician. Please use the forms provided on the ARP/ACSM website.
- If applicable, must be board certified in a primary medical specialty (e.g., Family Medicine, Emergency Medicine, Orthopaedics, etc.).

Registration Form (Print clearly)

The Association of Ringside Physicians 2017 Annual Medical Seminar

Seminar: July 22-23, 2017 / Exam Certification: July 24, 2017

First name _____ Last name _____ Nick name _____

Last Four Digits of Social Security # (required for CME credit) ____ ____ ____ ____ (International participants - use 0 0 0 0)

Degree/Credentials: _____

Specialty: _____ Institution: _____

Address: _____ Home Office

City: _____ State: _____ Country: _____

Zip Code: _____ (International participants - use 0 0 0 0 0)

Daytime Phone: _____ Email address (required): _____

Spouse/Guest names: _____

Hotel accommodations and personal transportation not included in registration fee.

Registration Fees

ARP Member	<input type="checkbox"/> ARP Member, Physician, if registered or postmarked on or before 6/9/17	\$475
	<input type="checkbox"/> ARP Member, Physician, if registered or postmarked on or after 6/10/17	\$550
	<input type="checkbox"/> ARP Associate Member (Non-Physicians)	\$150
	<input type="checkbox"/> ARP Member, Medical Students / Residents	\$150
	<input type="checkbox"/> Certification Exam - ARP Members , Physician	\$239
ARP Non-member	<input type="checkbox"/> ARP Non-Member, Physician –Registered or postmarked on or before 6/9/17	\$650
	<input type="checkbox"/> ARP Non-Member, Physician –Registered or postmarked on or after 6/10/17	\$725
	<input type="checkbox"/> ARP Non-Member Associate (Non-Physicians)	\$250
	<input type="checkbox"/> ARP Non-Member, Medical Students / Residents	\$250
	<input type="checkbox"/> Certification Exam - ARP Non-Members, Physician	\$299
ABC Member	Lunch fee for ABC Members only	
	<input type="checkbox"/> One day only	\$50
	<input type="checkbox"/> Both days	\$100
Additional Fees	<input type="checkbox"/> Conference Room Charge (if not staying at the Mohegan Sun Resort)	\$120
	Banquet Ticket per person (Not included in registration fee)	
	<input type="checkbox"/> Banquet ticket for participant only	\$100
	<input type="checkbox"/> Banquet tickets for participant plus one guest	\$200
	<input type="checkbox"/> Banquet tickets for participant plus two guests	\$300
	<input type="checkbox"/> Banquet tickets for participant plus three guests	\$400
Total:		

To join ARP or to renew membership, click on www.RingsideARP.org

Ways to register:

1. Online at www.northwestahec.org/51013

2. Mail to: Wake Forest School of Medicine / Office of Continuing Medical Education
Attention: Gail Pawlik
Medical Center Blvd., Winston-Salem, NC 27157-1028
Make check payable to **"Wake Forest University Health Sciences"**

3. Fax using VISA, Mastercard or AmEx: Complete information below and fax to 336-713-7701.

Credit Card (select one): Visa MC AmEx

Name as it Appears on Card _____

Card Number _____ Exp. Date _____

Credit Card Billing Address _____

Cardholder Signature _____